

Spring 2016 Reflexology Classes with Bill Flocco in Portland

Bill Flocco, world-renowned reflexologist, master teacher, and founder and director of the American Academy of Reflexology, returns to Oregon this spring to teach 3 classes. All classes take place at the Phoenix Inn, Lake Oswego. For in depth class details, please click on the PDF at the bottom of the listing. [Flocco Spring Classes 2016.pdf](#)

- **3-hour Pain Control & Stress Reduction with Foot Hand Ear Reflexology**
- **2-Day Basic Foot Reflexology Intensive**
- **2-day Integrated Foot Hand Ear Reflexology for Musculoskeletal Issues & Pain***

3-hour Pain Control & Stress Reduction with Foot Hand Ear Reflexology

For Beginners and Professionals. 3 Continuing Education Hours

Foot Hand Ear Reflexology. A powerful addition to the Sat/Sun intensive.

March 11, 2016, Friday: 6:00 - 9:00 p.m.

\$50 for ORN members registered by Feb 10 /\$75 thereafter

\$60 for non-members registered by Feb 10 /\$85 thereafter

During this powerful Hands-on Workshop, discover how to achieve profound stress reduction as well as pain relief, using gentle finger and thumb pressure on ears, hands and feet for relief of the following common health challenges:

- Allergies, Headaches, Sinusitis, Jaw, Neck
- Heartburn, Stomach (Acid Reflex)
- Colon (Colitis)
- Sleep Disorders
- Poor Nutrient Absorption and more.

Please Note: This is mostly a different body of knowledge from the Saturday–Sunday Workshop. A powerful addition to the weekend!

2-day Foot Reflexology Intensive, For Beginners and Professionals

14 Continuing Education Hours. Learn a 1-hour, hands-on reflexology routine.

March 12 & 13, 2016, Saturday & Sunday: 9:00 a.m. - 5:30 p.m.

\$300 for ORN members, registered by Feb 10 / \$325 thereafter

\$325 for non-members, registered by Feb 10 / \$350 thereafter

- Documented History
- Three Primary Theories
- Foot Reflexology Map
- Causes of Tenderness (actual and theoretical)
- Special approaches for supporting feet while working on the client
- 6 reflexing techniques
- How much pressure
- Cautions / Contraindications
- Numerous benefits
- Introduction to pulses
- Advantages of Foot Reflexology
- What is most important is, learning a One hour hands-on Foot Reflexology routine as the basis of a flexible approach to reflexing

2-day Integrated Foot Hand Ear Reflexology for Musculoskeletal Issues & Pain

***Prerequisite:** Foot Reflexology from a hands-on school.

14 Continuing Education Hours. Learn Integrated Foot Hand Ear Reflexology & Priority and Progression Reflexing A different body of knowledge from the March Friday evening.

April 9 & 10, 2016, Saturday & Sunday: 9:00 a.m. - 5:30 p.m.

\$300 for ORN members, registered by March 7 / \$325 thereafter

\$325 for non-members, registered by March 7 / \$350 thereafter

Bring: 1 sheet, 2 towels, pillow (if you need it for your own lower back), washable coloring pens, nail file

During this hands-on workshop, you will learn how to reflex Feet Hands Ears for musculoskeletal issues from the head to the feet, and everything in between. Learn Priority Reflexing, which one is best for relieving pain – feet, hands or ears – for each of twenty-nine (29) parts of the body. Also, discover Progression Reflexing – when reflexing all three – feet, hands, and ears – what is the best progress when reflexing for maximum results. Reflexologists and other professionals will be able to incorporate what is learned into their Reflexology and other practices for far greater results and increased income.

This is very much a Hands-On Workshop. Get far better results by Integrating Foot Hand Ear Reflexology during the same session, than reflexing just feet, or just hands, or just ears.

ALL CLASSES:

- **50% discount offered for any class being taken for the second time with Bill.**
- Continuing Education Hours accepted by ARCB, NCBTMB, ABMP, and many states.
- Location: Phoenix Inn & Suites, 14905 SW Bangy Rd., Lake Oswego, OR 97035 (SW Portland)
<http://www.phoenixinn.com/lake-oswego/> 503-624-7400 Call for overnight reservations. Mention **Oregon Reflexology Network** for special \$99/night room rate.
- Class Contact: Karen Martin
 - Email: karenmartin.go@gmail.com
 - Phone: 516-770-5985
- **Payment: Make checks payable to: Bill Flocco**
 - Mail your check and contact information to:
Karen Martin
PO Box 25098
Portland OR 97298
Include your full name, mailing address, phone and email.
 - Visa & Master Card accepted.
 - **Refund policy: All payments are held for processing until class begins.**
 - To receive the ORN class discount, **join ORN** at
http://www.oregonreflexologynetwork.org/join_us

For your convenience, a registration form:

Name _____ Phone _____
Address _____
Email _____
Class/es registering for _____
Please include your check or fill out the credit card information below or call it in.
Card Holder's Name _____
Credit Card type and number _____
Expiration Date _____
<input type="checkbox"/> Please check here if you can bring a massage table with you to the workshop.