



Bill Floco in Oregon

It was such a pleasure to be part of Bill's basic hand and ear reflexology course on Feb 23rd and 24th in Lake Oswego, Oregon. I was unable to attend the basic foot course on the 21st and 22nd due to a throat bug, but heard lots of glowing reports from those that were there.

Anyone who has had training in foot reflexology from Bill or another school, can still get in on his basic hand and ear course in Seattle, March 1st through 3rd at the Seattle Reflexology and Massage Center. The certification program will continue in Lake Oswego, Oregon in March.

Bill teaches in a step by step, hands on, building block style which is very effective in learning the names and functions of the reflex points being addressed. Body mechanics are thankfully stressed by Bill, the importance of which should not be underestimated.

Bill made sure that we knew the reflex points for clients' most common complaints

and began the process of teaching the incredible depth of his integrated foot, hand, ear reflexology. He will continue building upon these basics with his certification program over the next 4 months.

Many of us spoke of the deep state of relaxation we felt, some to the point of falling asleep, a most fitting and complimentary commentary to the effectiveness of Bill's tried and true method.

Bill is an extraordinary communicator, consistent and quietly persistent, getting the information through in a direct yet kindly and often humorous manner.

I would like to thank Bill Flocco, ORN, its staff and members, and the lovely folks in the class for making this an event that will ultimately add to the continued well-being of many through its practice in the world.

by Pam Jablonski

Some comments:

It was soooooo great meeting you all this past weekend!!!
just wanted to share a quick story ~ about two and half hours after getting home last night i had a visit from a good friend in the theatre community and i started gushing praise and stories about the training! within 5 minutes i had him up on the table and i was working the basic routine on his hand. he only had about 15-20 minutes right then; yet, he was so impressed with the immediate impact that we're going to book a full session soon - probably this weekend! he is very in tune with his body & energies and he could actually feel the work in his body as i was working on his hand ~ up and down the vertical zones as i was working the palm and top of his hand and across his neck and shoulders as i moved my three fingers across his knuckles. that was REALLY cool!

Mark Twohy, Portland

Bill's workshop was a great opportunity and experience for me. Bill is a great teacher and his method of teaching and practicing as class goes on is in my opinion the best approach. I was happy to learn also how can we help other people besides ourselves. I was encouraged by the fact that more and more people learn and practice reflexology, no matter if it is foot or hand or ears, or all of them.

Gabriela Lungu, Portland

I love reflexology. Last night, my husband who usually sleeps well was tossing & turning, we have a lot of deadlines to meet in a short time. I spent 5 min. on zeropoint & another 5 on shenmen. He was sound asleep. :) I think the ears are my favorite for relaxation & stress issues.

Sandy Hachtel, Salem

Bill Flocco's workshops on *Basic Foot Hand and Ear Reflexology* were illuminating and inspiring. The techniques he teaches take reflexology to another level entirely. As a teacher, he embraces the whole class and creates an environment of safety and unlimited learning.

Diana Blackmon, Hood River

It was a great class and a great group...so many new, excited faces.

I fell in love with reflexology all over again.

Nancie Hines, Portland

This class rates amongst the top three or four I have ever attended! Bill is a great teacher, and the group of people was exceptionally harmonious and congenial I thought. I find myself very drawn to ear reflexology in particular. Hadn't planned on continuing with the Certification Course, but I'm hooked!

Marie Louise Penchoen, Hood River